

24<sup>th</sup> June 2026

Dear Parents and Carers,

As part of our PSHE (Personal, Social, Health and Economic) education programme, we will shortly be delivering our Relationships and Sex Education (RSE) lessons to pupils in Year 6.

These lessons are an important part of preparing children for the transition to secondary school and for the physical and emotional changes they may experience as they grow.

In line with statutory guidance, Year 6 pupils will learn about:

- The changes that occur during puberty, including physical and emotional development
- The human life cycle and how a baby is conceived and grows
- Reproduction in humans, presented in a factual and age-appropriate way
- The importance of healthy relationships, respect and consent
- How to keep themselves safe and who to talk to if they have concerns

All lessons are delivered sensitively in an age-appropriate manner.

We ensure that all lessons take place in a safe and respectful environment. Ground rules are established so that pupils feel comfortable asking questions. Pupils may also submit questions anonymously, which are answered appropriately by staff.

Please note that we always encourage pupils to discuss their learning at home, but staff will not answer overly personal questions or those outside the scope of the curriculum.

The DfE states that parents have the right to withdraw their child from the sex education elements of RSE (but not from statutory Relationships Education or Health Education).

We appreciate your support in helping us provide pupils with the knowledge and confidence they need to stay safe and healthy.

If you have any questions, please do not hesitate to get in touch.

Yours sincerely,

**Mrs Plummer**  
PSHE Lead