

## KEY SUBJECT VOCABULARY

# Influential People Y3

## RECOMMENDED BOOKS

### HISTORY - The Vikings

### IMPORTANT KNOWLEDGE (Five Finger Facts)

<b>Thatched</b>	A roof or building covered with straw.	The Vikings came by sea from Scandinavia
<b>Longhouse</b>	A large house where a community lived.	The Vikings came to raid the monasteries but found rich lands to farm.
<b>Longboat</b>	A long narrow warship.	The Anglo Saxons were led by King Alfred the Great, who fought some Vikings but then agreed to all live in peace.
<b>Monastery</b>	A building lived in by monks.	Small villages became large Viking towns (such as York) which became important places for trade and the manufacture of goods to sell.
<b>Norse</b>	An ancient Norwegian language.	When Edward Confessor died, Britain was conquered by the Normans.



### SCIENCE - HEALTHY EATING

### IMPORTANT KNOWLEDGE (Five Finger Facts)

<b>Nutrition</b>	Nutrition is what you take into your body as food and the way that it influences your health.	Plants make their own food using sunlight, carbon dioxide and water.
<b>Carbohydrates</b>	Carbohydrates are found in foods like fruits, vegetables and grains. They give us energy.	Animals including humans cannot make their own food.
<b>Protein</b>	Protein is found in foods like meat, fish and eggs. It helps a human's body to grow and repair itself.	Wild animals find their sources of food within the habitats they live in.
<b>Dairy</b>	Dairy refers to foods and drinks made from milk	A balanced diet is fruit and vegetables, carbohydrates, dairy, protein and fats.
<b>Diet</b>	A diet is the sort of food animals including humans eat regularly.	You can find information about what is in food on packaging so that you can make informed choices about your diet.

### Topic Launch

8<sup>th</sup> January - creating longboats, sorting artefacts and completing an Anglo Saxon army drill!

### Theme Days:

Month of Reading Madness  
Jan 2026  
Safer Internet Day  
10th Feb  
Tell a Fairy Tale Day 26th Feb  
World Book Day  
5th March  
Science Week  
6th - 15th March

### RE - Jewish Celebrations

### IMPORTANT KNOWLEDGE (Five Finger Facts)

<b>Festival</b>	A special time of celebration that often remembers an important story or event in a religion.	Passover is a festival, lasting 7 or 8 days, which celebrates the Israelites being set free from Egypt
<b>Ancestors</b>	Family members from a long time ago, like great-great-grandparents.	Sukkot is a festival Jews celebrate by staying in a temporary hut outside to remember the time their ancestors wandered the desert for 40 years.
<b>Freedom</b>	Being able to live your life and make choices without being controlled by others.	Purim is celebrated like a carnival to remember the time all Jewish people were saved from extermination thanks to Esther's bravery.
<b>Bravery</b>	Being very strong and not giving up, even when something is scary or dangerous.	The Hanukkah festival celebrates the Jewish people who refused to go against their beliefs even though they faced death.
<b>Celebration</b>	A happy time when people do something special to remember an event, like singing, praying, eating or being with family.	Rosh Hashanah is the Jewish New Year celebration of Adam and Eve's birthday.

March 26<sup>th</sup> Year 3&4 school trip to The Yorkshire Museum - Time Odyssey (focus on Vikings)