Nurturing Children to Succeed and Achieve

3rd May 2023

Dear Parents & Carers

Bikeability 2023

We have been given a wonderful opportunity to have a Bikeability course at Moorside. Bikeability provides riders with the theoretical knowledge, practical skills, and confidence to cycle safely on today's roads. The course is a unique opportunity for your child to improve their understanding of how roads work and to develop safe and responsible cycling skills. Cycle training can also improve spatial awareness and hazard perception. Further information about this course is available at www.bikeability.org.uk.

This two-day course delivered by North Yorkshire Council (NYC) consists of two levels.

Bikeability Level 1. (Morning on the school playground) includes: Helmet and bike check; cycling control skills; starting/stopping; maneuvering at different speeds; looking behind then signaling left or right without wobbling; correct use of gears. If the outcomes are successfully completed, the rider can progress to Level 2.

Bikeability Level 2. (One and a half days on local roads) Level 2 is more advanced than Level 1 and includes: starting and stopping on-road; road positioning; passing parked cars; passing junctions; left and right turns from major and minor roads; traffic awareness; decision making and hazard perception; understanding rights of way, road markings, and road signs.

We have been allocated 24 places for the course. This will work on a first come, first served basis. The cost for the course is **£18** and you will need a bike (that is road worthy) and a helmet.

The dates for the courses are below:

25th and 26th May (12 cyclists).
12th and 13th June (12 cyclists).

If you would like you child to take part in exciting opportunity, please complete the attached form and return to school with payment (either by paying cash at the school office or through ParentPay).

Yours sincerely,

Mr Price