



Hi all, the sunny weather is returning so we can have even more outdoor fun. We hope you created some great land art last week for others to find. This week our theme is trees so here are some tree activities for you.

#### Hug a tree - a game for all the family:

You will need a blindfold (we use a buff) and an area with a few trees.

One person will be blindfolded (please look after them!). Lead your blindfolded person to a tree and give it a hug. Ask them to feel the shape and texture of the tree. How does the tree feel, are the roots exposed? What pattern can you feel on the bark? How many branches can you feel? What shape are the leaves? Lead them away from the tree and remove the blindfold. Can they find the tree they hugged?



Make a tree troll: You will need a bucket, spade and water. Fill your bucket with some soil. Add a little water and mix. Make a mud ball that you can roll in your hands. Enjoy giving it a squish and a squeeze. Stick your mud ball to a tree and sculpt a face shape or even a whole body. Now collect natural materials including sticks, stones, flowers and leaves to make troll features. Give your troll a name and you could make up a story too. You can even make them some troll friends or a different type of creature such as this amazing owl. There are lots of examples on our Facebook page: Outdoor Adventures Forest School.

#### Leaf Identification:

Have you noticed that the deciduous trees are now in full leaf? Everywhere looks so lush and green. This week we would like you to identify trees when out on a walk by looking at the shape of the leaves. It can be tricky at first but the more trees you spot, the easier it will get.

Attached is a leaf identification sheet from the woodland trust showing the shape of leaves from some of our most common trees. They also have a great APP that can help you. Choose a tree, look at the shape of the leaves. Do they have rounded edges, pointy edges, are there lots of leaves on one stem? Match the leaf to the ones on your sheet and name the type of tree.

