**How to make a revolting sandwich**

**Ingredients: Equipment you will need:**

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| - 2 slices of brown bread – with the crusts on! | - 1 butter knife  - 1 sharp knife |
| - Squirty cream | - 1 plate |
| - Tomato Ketchup |  |
| - ½ an apple  - 1 slice of cheese |  |

**Method**

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|  | 1. First, place two slices of bread on the plate. |
|  | 1. Next, squirt the cream onto one slice of bread and spread everywhere. |
|  | 1. Spread tomato ketchup on the other slice of bread. |
|  | 1. Chop apple into thin strips. |
|  | 1. Place the apple on top of the cream. |
|  | 1. Cover the apple with a slice of cheese |
|  | 1. Finally, put the slices of bread together and cut the sandwich in half using a knife. |